



PANTHER PRIDE

February 2014

Morgan Hill Unified School District • Los Paseos Elementary School
121 Avenida Grande, San Jose, CA 95139 • (408) 201-6420

Visit us at www.lospaseos.mhu.k12.ca.us • School Office Hours: 8:00am to 4:00pm

Principal's Message

Dear Los Paseos Parents,

Happy 2014! We have had a great few weeks back at school, especially with the beautiful weather we've been experiencing. Since returning, the Panther staff continues to discuss how to enhance Positive Behavior Intervention and Supports (PBIS) behavior expectations. You can help to support PBIS by "quizzing" your student on how they can be peaceful, aware, wise and safe during the school day.

Even though we are experiencing warm weather, it is still flu season. As many of you know, the flu can be easily spread from person to person. Here are some helpful hints to reduce the spread of the flu:

- Know the signs and symptoms of the flu. Symptoms of the flu include fever (100 degrees Fahrenheit, 37.8 degrees Celsius or greater), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.
- Keep sick children at home for at least 24 hours after they no longer have a fever or do not have signs of fever, without using fever-reducing drugs. Keeping children with a fever home will reduce the number of people who may get infected.
- CDC recommends that everyone 6 months of age and older get a seasonal flu vaccine.

Finally, I would like to thank the Los Paseos Home & School Club for planning a fantastic Family Science Night last week! All families that attended enjoyed a night full of Science Magic and learning about Bernoulli's Principle and more!

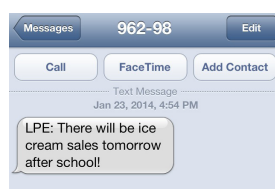
Have a PAWSitively awesome week!

Best,

Jenna Mittleman
Principal

School Text Line

Sign up now to receive text messages from Los Paseos Elementary. We have signed up with School Text Line to send out text notices and reminders. Please sign up now, follow the directions below, to be included in any future messages sent from Los Paseos Elementary.



Send this text message: **LPE817**
To: **96298**

My Child is Sick! Should I keep him/her Home?

As you are probably well aware we are in the middle of a horrible flu and cold season. Here are some reminders about keeping everyone healthy.



Please make sure emergency cards are current. Immediately notify the office of any changes in phone numbers, addresses, or emergency contacts. It is important that there be a local contact available should your child become ill or injured at the school.

Please advise your child not to share food, beverages, and hair grooming accessories with other students to prevent the spread of harmful germs and diseases. Germs and diseases may include: colds, flu, hepatitis, meningitis, oral herpes strains (type of cold sores), and lice.

Please remind your child to wash his/her hands before and after eating and after each bathroom use to reduce germ and disease transmission.

As a reminder to parents, please **DO NOT** send your child to school if he/she displays one or more of the following:

Nausea/vomiting. Students need to have not vomited for 24 hours before returning to school.

Diarrhea—Students need to not have had diarrhea for 24 hours before returning to school.

Fever—100 or above. Students need NO fever for 24 hours (without medication) before returning to school.

Ear ache (with acute pain, redness, inflammation, and/or accompanying fever)

Headache

Runny nose and/or persistent cough

Sore throat

Skin rash (unless diagnosed by a doctor as non-contagious)

Red, crusty, and/or draining eyes

Lice—Parents, please continue to check your child's hair for lice/nits at least once per week. Nits (lice eggs) may appear as dandruff but are difficult to remove from the individual hair follicle. Dandruff can be removed relatively easily from the hair follicle simply from shaking the hair strand or a light touch to the flake, whereas nits require manual removal from the strand itself.

Children who are ill at school do not have a productive educational day. Please allow your child to recover from an illness at home not at school.

Thank you for helping to keep everyone healthy.

Send comments and article ideas to newsletter editor
Theresa Le at lospaseoshsc@yahoo.com

Los Paseos Home and School Club News

lospaseoshsc@yahoo.com • 201-6420 • www.lospaseos.mhu.k12.ca.us/hsc.htm

LPHSC Officers for 2013/2014

President: Diane Bringuel • Vice Presidents: Patty Keith & Jennifer Scadden • Secretary: Megan Fowler • Treasurers: Summer Hess & Pauline Stuart



Janaury Awards

Weekly Attendance Awards

Baby Shadow (kinder)	Little Shadow (1 st -3 rd)	Big Shadow (4 th -6 th)
Best	Abberton	Caprista
Pusateri	Saah	Bakowsky
Best	Commons	Herrell
Agbalog/Gallaher	Leahy	Leung
Pusateri	Mason	Mitchell
	Friday	Leung

Yard Duty Awards



Big thanks to Marlena Govaars for submitting our Mushroom Mardi Gras Grant.

Thank you Jr., for filling up our water jugs for our staff.

Thank you to everyone who came out to Science Night.

A huge thank you to Armando & Jordin Lopez and family who donated all the desserts and Brandon & Sareth Campos and family who donated water bottles. A special thanks to all of our volunteers: Cecie Boston, Diane and Trent Bringuel, Megan Fowler, Penny Greathurst, Jon Hess, Raquel Lopez, Daron & Patty Keith, Michelle Montoya, Lisa Moore, Jen and Brad Scadden, Pauline Stuart, Tabby Vaidyanath

Otis Spunkmeyer Cookie Dough Fundraiser

Our cookie dough fundraiser packet went home this week. All orders and money must be returned to your students teacher **no later than Wednesday, February 12th**! Students can earn some great prizes. Cookie dough will be delivered on March 24th.



ELAC Announcements/ Anuncios de ELAC

ELAC Representatives/Representantes de ELAC
President/Presidente- Rosa Palomares (Daira Palomares, Commons 1st gr)
Vice- President/Vicepresidente-Rosa Tlaxcalteco (Salma T., Pusateri K & Giovanni T., Anderson 2nd gr) Secretary/Secretaria-Esthela Viveros (Camila Viveros, Patterson K)

Reminder our next ELAC meeting will be February 5th at 9am in the main office. We will have a representative from Healthier Kids Foundation Santa Clara present a workshop on how to apply for free or low cost health care coverage for children and pregnant women. Please join us, everyone is welcome!

-Johana Garcia Los Paseos Bilingual Liaison

¡Recordatorio nuestra próxima reunión de ELAC será el 5 de febrero a las 9am en la oficina central! Vamos a tener un representante de Healthier Kids Foundation Santa Clara ellos presentarán un taller sobre cómo aplicar de forma gratuita o de bajo costo la cobertura de salud para niños y mujeres embarazadas. ¡Por favor, acompañenos todos son bienvenidos!
-Johana Garcia Enlace Bilingüe de Los Paseos

February Music Note



February is yet another busy music month for all of our students. Because it is Black History Month, we will continue our study of the songs of the South. We will sing such songs as *Nobody Knows the Trouble I've Seen*, *When the Saints Go Marching In*, *Follow the Drinking Gourd* and songs of the Civil War. We will learn how the slaves integrated music into their daily lives by using rhythm while picking cotton, and into their attempts for freedom, by following the Big Dipper to the North. They named this constellation *The Drinking Gourd*.

We will learn songs from our country's past including songs about George Washington and Abraham Lincoln. Classic songs such as *This Is My Country* and *Amazing Grace* will be part of our music curriculum. Did you know *Amazing Grace* was written by a former slave ship captain? These songs should be a part of our children's oral tradition.

We will be learning songs about Valentine's Day. *Skinamarink*, *Down by the Old Millstream*, *Mail Myself to You*, *The Riddle Song*, and *My Sweetheart's The Man in the Moon* are included in this month's plans. We will learn *There's a Little Wheel A-Turnin' in My Heart* and relate the beating of our hearts to musical rhythm. With exercise, the beating of our hearts increases—in musical terms, we would go from "adagio" to "andante" to "presto". Our study of composers and musicians will include Scott Joplin—the King of Ragtime, Duke Ellington and Louis Armstrong.

Our amazing fifth and sixth graders have been learning to read music. We have discussed note values, time signatures, and rests. We are learning some basic musical symbols – clefs, repeat signs, and sharps and flats. Now we are using rhythm sticks to play various pieces of music. In the course of our studies, we are learning fractions as we study whole, half, quarter and eighth notes. I plan to start recorders by the end of the month.

Our annual 2nd grade Patriotic Sing will be held on Thursday, February 13th at 6:30PM We will honor members of our Armed Forces. Regardless if you have a 2nd grader or not, everyone is welcome to celebrate our heroes!

Please be watching for information about our 4th of July Essay Contest! Children in Grades 2 through 6 will be invited to enter! I hope we have winners from Los Paseos!

Thank you for your continued support,
Karen Ann Crane

A quotation for you: "The fact that children can make beautiful music is less significant than the fact that music can make beautiful children."

-Cheryl Lavendar

What is Happening in February?



Date	Event
Feb. 13	2nd Grade Patriotic Sing @ 6:30pm
Feb. 17 to 21	NO SCHOOL
Feb. 25	New Kinder Registration Begins